

基督徒信望愛堂逸東幼稚園
幼班親子活動遊戲紙

姓名：_____ 班別：_____ 日期：_____

小肌肉訓練 (三)

Fine Motor Skill Training 3

- 生活技能練習 : 揭書/翻書
Life skills exercises Uncover/turn over the book
- 練習目標 : 練習前三指活動及手腕轉動。
Exercises target Practice the movements of the first three fingers and wrist rotation.
- 練習方法 : 看書時，請幼兒用前三指拿着書本內頁，一頁一頁地翻開，初時可用紙質較厚的書。
Practice method When reading, ask children to hold the inner pages of the book with their first three fingers and open them page by page. Books with thicker paper can be used at the beginning.



家長回應

Parent's Response

自行完成
Done by yourself

協助下完成
Completed with assistance

未能完成
Failed to complete

家長的話：
Message from parents

